

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ M.I. \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Male / Female \_\_\_\_\_ Age \_\_\_\_\_ D.O.B. \_\_\_\_\_ Phone(\_\_\_\_)\_\_\_\_-\_\_\_\_-\_\_\_\_  
 (Circle one) (As of Dec. 31, 2012)  
 USAT Member # \_\_\_\_\_ or USAT Non-Member \_\_\_\_\_ Registering For: Triathlon Duathlon Kids Estimated Swim Time \_\_\_\_\_  
 Circle one—Guaranteed T-Shirt if registered by April 12th  
 Shirt Size: (Adult) S M L XL 2XL Shirt Size: (Youth) S M L  
 Race Category (Adults Only): Age Group (Individual Participant) \_\_\_\_\_ Novice (1st Time Triathlon) \_\_\_\_\_ Relay (Team Participant) \_\_\_\_\_  
 In consideration of my application being accepted, I accept any risks of participation in the run and agree to hold harmless Greenwood Family YMCA and all sponsors, all officers, directors, and members of said organizations, their respective employees, agents and any other individuals who are in any way associated with this event, including volunteers assisting with traffic on the course. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event.  
 Signature (Parent or Guardian if under 18) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**\*\*No refunds can be issued for these events\*\***

The mission of the Greenwood Family YMCA is to put Christian principles into practice through programs that build a healthy spirit, mind and body for all



A portion of the proceeds will go toward Youth Scholarships for Summer Camp.

Course information can be found at [www.greenwoodymca.org](http://www.greenwoodymca.org)

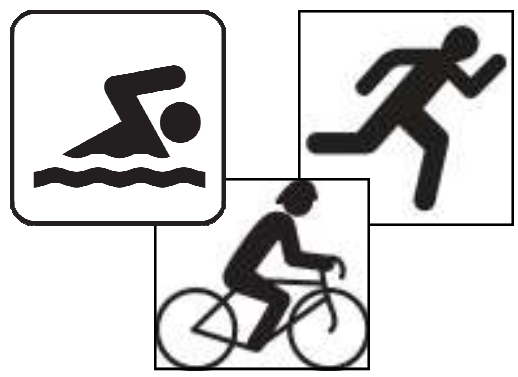
Both races are USAT sanctioned events and all USAT rules apply



**GREENWOOD TRIATHLON**  
**GREENWOOD FAMILY YMCA**

**13th Annual  
 Sprint Triathlon and Duathlon  
 Saturday, April 21, 2012  
 7:30am**

**9th Annual Kid's Triathlon  
 Saturday, April 21, 2012  
 11:00am**



## KID'S TRIATHLON

**DISTANCES:** 100 yard swim  
3 mile bike  
1 mile run

### REGISTRATION:

Postmarked by April 12, 2012

USAT Member: \$25.00

Non-Member: \$30.00

### LATE REGISTRATION:

Postmarked after April 12, 2012

USAT Member: \$30.00

Non-Member: \$35.00

**\*\*Non-Member fee includes \$5.00  
USAT Youth Membership\*\***

### PACKET PICK-UP:

Saturday, April 12th  
Greenwood Family YMCA  
10:00 am—11:00 am

### RACE CATEGORIES:

Ages 5—13  
Single Year Brackets

**\*\*Awards for overall boy and girl  
and 1st and 2nd place for each  
age\*\***

## SPRINT TRIATHLON/DUATHLON

### DISTANCES:

Triathlon: 300 yard swim  
20K bike  
5K run

Duathlon: 1 mile run  
20K bike  
5K run

### REGISTRATION:

Postmarked by April 12, 2012

USAT Member: \$50.00

Non-Member: \$60.00

### LATE REGISTRATION:

Postmarked after April 12, 2012

USAT Member: \$60.00

Non-Member: \$70.00

**\*\*Non-Member fee includes \$10.00 one day  
license fee\*\***

### PACKET PICK-UP:

Friday, April 20th  
Greenwood Family YMCA  
5:00 pm—6:30 pm

Saturday, April 21st  
Greenwood Family YMCA  
6:00 am—7:00 am

### RACE CATEGORIES:

Ages 13 and Up  
Age Groups: Men and Women, 13-14,  
15-19, 20-24, 25-29, 30-34, 35-39,  
40-44, 45-49, 50-54, 55-59, 60-64,  
and 65+

## RELAY TEAMS

**TEAMS:** 2 or 3 people

### REGISTRATION:

Each participant must fill out an  
entry form.

Return forms and team fee  
together.

### REGISTRATION:

\$90.00 Per Team

### LATE REGISTRATION:

Postmarked after April 12  
\$100.00

**\*\*Must include \$10.00 per  
participant for USAT  
insurance fee\*\***

**\*\*Awards to Overall Male and  
Female, Overall Masters Male  
and Female, and 1st place  
finishers in each age group.  
1st Place Novice (male and  
female) and 1st place Relay  
Team\*\***