



## **GREENWOOD FAMILY YMCA SUMMER SPECIALTY CAMPS**

**Ages - Rising 2<sup>nd</sup> Grade - Middle School**

**Specialty Camps Monday - Friday from 8:45am - 12:00pm**

**All camps are for boys and girls but SPACES ARE LIMITED!**

### **June 4 - 8 COOKING**

**Chefs, Erica and Rodney, from Self Regional Food and Nutrition, are the lead Chefs for this hands-on camp. Measurements, cooking techniques, recipe reading and of course tasting will all be explored during the week. Campers will learn how to create a meal and the importance of healthy nutrition. We will be using the kitchens at St. Mark Methodist River St Campus and Harris Baptist Church for a professional experience. Parents can register and are invited to attend a Brunch on Friday June 15<sup>th</sup> to sample what the campers have learned to cook.**

### **June 11-15 BASEBALL**

**No summer is complete without a little baseball. Coach Mark Davis with Carolina Spikes will teach proper fundamentals through fun drills that emphasize individual player development. Throwing, fielding, hitting, catching and pitching skills will all be included. Parents are invited out Friday June 8<sup>th</sup> to see camper's skill development through game play.**

### **June 18-22 BASKETBALL**

**Coach Sean Mims, owner and Head Coach with HoopsEdu, will provide instruction to campers in shooting, passing, ball handling, and defensive skills. Campers will learn rules of the game as well as team concepts and sportsmanship. Parents are invited out Friday June 22<sup>nd</sup> to see campers play games and skill competitions.**

### **June 25-29 SPORTS SPECTACULAR**

**Coach Mark Davis with Carolina Spikes will be leading this exciting camp featuring, baseball, basketball, soccer, and more. Every day of camp will feature a specific sport while highlighting fun fundamentals, teamwork, sportsmanship and most of all FUN. Parents may join their camper for a play day on Friday June 29<sup>th</sup>.**

### **July 9-13 Volleyball Camp**

**Julie McMahon, Head Coach of Emerald City Juniors Volleyball Club and Greenwood High School, will teach campers the rules and skill needed to play volleyball. Camp will learn how to or improve their passing, setting, serving, hitting and working as a team. Parents are invited out Friday July 13<sup>th</sup> to the skills they have developed in a game situation. (There will also be an afternoon camp for age 13 - 18. Contact Sondi for more information on the afternoon camp)**

### **July 16-20 Lacrosse Camp**

Suit up and come find out what lacrosse is and why it has become the fastest growing sports in the country. Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast paced, high scoring game. Campers will learn the fundamentals of stick handling, cradling, passing, and shooting, all in a fun, non-checking environment. Ashton Burgess, former College Lacrosse player, will ensure that campers not only learn the sport of lacrosse, but also important life skills such as respect, teamwork and discipline. Every camper will come away with a basic understanding of the game of lacrosse. Friday July 20<sup>th</sup>, parents are invited to come watch what the camper's skills.

### **July 23-27 H2O EXPLOSION**

Allison Mundy, Greenwood YMCA Aquatics Director, will teach water safety and lead campers through exciting water experiences. Campers will enjoy water activities such as canoeing, kayaking, swimming, water games, challenges and much more. . . . The week will also include a trip to a waterpark.

**\*\*MUST BE ABLE TO PASS THE GREEN BAND SWIM TEST TO ATTEND!\*\***

### **July 30-August 6 SOCCER**

Coach Jamie Ramm, Director of Coaching for Lakelands Toros Soccer, will be leading an exciting camp featuring all things soccer. Campers will learn or improve their dribbling, passing, and game play skills. Rules and ball management will be the focus of each day and reinforced through drills and game play. August 6<sup>th</sup> parents are invited to come watch games and skill competitions.

### **August 6-10 GLOBS OF ART**

Campers will discover their artistic skills and let their imagination soar. The week will be filled with all things art. Campers will create masterpieces to take home, share and enjoy. We will create with duct tape, paint, paper, cloth, string and icky, sticky, silly stuff! Fun and imagination is a must for this camp.

### **August 13-17 KARATE**

Dwayne Scott, owner and black belt instructor of Scott's Martial Arts, will lead a highly focused camp based around Karate. Campers will learn focus, discipline, self-esteem, and persistence throughout the entire week. Parents are invited to see these skills showcased on Friday August 17<sup>th</sup>.