



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPLASH INTO THE NEW YEAR WITH SWIM LESSONS



PRESCHOOL/SCHOOL AGE

DAYS: Tuesday & Thursday

TIME: 5:30-6:30p

SESSION 1: January 22nd, 24th, 29th, 31st

SESSION 2: February 5th, 7th, 12th, 14th

SESSION 3: February 19th, 21st, 26th, 28th

SESSION 4: March 5th, 7th, 12th, 14th

SESSION 5: March 19th, 21st, 26th, 28th

SESSION 6: April 2nd, 4th, 9th, 11th

TEEN/ADULT

DAYS: Monday & Wednesday

TIME: 5:30-6:30p

SESSION 1: January 14th, 16th, 21st, 23rd

SESSION 2: February 11th, 13th, 18th, 20th

SESSION 3: March 11th, 13th, 18th, 20th

SESSION 4: April 1st, 3rd, 8th, 10th

PARENT-TOT

DAYS: Monday & Wednesday

TIME: 5:30-6:30p (45 min class, 15 min free time)

SESSION 1: January 28th, 30th, February 4th, 6th

SESSION 2: February 25th, 27th, March 4th, 6th

SESSION 3: March 25th, 27th, April 1st, April 3rd

SESSION 4: April 22nd, 24th, 29th, May 1st

At the Y, swimming is a very important life skill! Our swim lessons prepare people of all ages with the skills to stay safe, while building strong and confident swimmers!

Member: \$49 Non-Member: \$96

PARENT-CHILD (6 - 24 Months)

Adult must be in the water with child during this class.

Must have at least 2 participants to hold class

PRESCHOOL (2-5 YEARS)

1:4 Instructor to Student ratio

Must have at least 2 participants to hold class

SCHOOL AGE (6-12 YEARS)

1:6 Instructor to Student ratio

Must have at least 2 participants to hold class

TEEN/ADULT (13 & OLDER)

1:6 Instructor to Student ratio

Must have at least 2 participants to hold class

PRIVATE LESSONS (6 & OLDER)

Available upon request. Member & Non-Member prices for private lessons depend on amount time requested. Forms for these lessons are available at the front desk.