



**GREENWOOD FAMILY YMCA
POOL SCHEDULE
WINTER 2019**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
LAP/OPENSWIM 5:00-9:00a 4-7 Lanes		LAP/OPEN SWIM 5:00-9:00a 7 Lanes		LAP/OPEN SWIM 5:00-9:00a 4-7 Lanes		LAP/OPEN SWIM 5:00-9:00a 7 Lanes		LAP/OPEN SWIM 5:00-9:00a 7 Lanes
H2O Boot Camp 6:00-6:45a 3 Lanes		6:00-7:00a Swim Team Gold Group 2-3 Lanes		H2O Boot Camp 6:00-6:45a 3 Lanes		6:00-7:00a Swim Team Gold Group 2-3 Lanes		
Splash N' Fun 9:10-10:00a 3-4 Lanes		Splash N' Fun 9:10-10:00a 3-4 Lanes		Splash N' Fun 9:10-10:00a 3-4 Lanes		Splash N' Fun 9:10-10:00a 3-4 Lanes		Splash N' Fun 9:10-10:00a 3-4 Lanes
LAP SWIM 9:00a-4:00p 2-3 Lanes		LAP SWIM 9:00a-4:00p 2-3 Lanes		LAP SWIM 9:00a-4:00p 2-3 Lanes		LAP SWIM 9:00a-4:00p 2-3 Lanes		LAP SWIM 9:00a-4:00p 2-3 Lanes
Stretch N' Swim 10:10-11:00a 3-4 Lanes		OPEN SWIM/LAP 10:00a- 1:30p 5 Lanes	VIKING SPIRIT 12:00- 1:00p 1-2 Lanes	Stretch N' Swim 10:10-11:00a 3-4 Lanes		OPEN SWIM/LAP 10:00a-1:30p 7 Lanes	Stretch N' Swim 10:10-11:00a 3-4 Lanes	
OPEN SWIM/LAP SWIM 11:00a-1:30p 7 Lanes				OPEN SWIM/LAP 11:00- 1:30p 4 Lanes	SWIM &GYM 11:00a- 1:00p 3 Lanes		OPEN SWIM/LAP 11:00a-1:30p 3-7 Lanes	
Stretch N' Swim 1:30-2:30p 4 Lanes		Stretch N' Swim 1:30-2:30p 4 Lanes		Stretch N' Swim 1:30-2:30p 4 Lanes		Stretch N' Swim 1:30-2:30p 4 Lanes		Stretch N' Swim 1:30-2:30p 4 Lanes
LAP/OPEN SWIM 1:30-4:00p 3 Lanes		LAP/OPEN SWIM 1:30-4:00p 3 Lanes		LAP/OPEN SWIM 1:30-4:00p 3 Lanes		LAP/OPEN SWIM 1:30-4:00p 3 Lanes		LAP/OPEN SWIM 1:30-4:00p 3 Lanes
SWIM TEAM 3:30-4:30 2 LANES		GATOR ACADEMY 3:30-4:30 2 LANES	SWIM TEAM 3:30-4:30 2 LANES	SWIM TEAM 3:30-4:30 2 LANES		GATOR ACADEMY 3:30-4:30 2 LANES	SWIM TEAM 3:30-4:30 2 LANES	SWIM TEAM 3:30-4:30 2 LANES
GATORS SWIM TEAM 4:00-6:30p NO LANES UNTIL 5:30p		GATORS SWIM TEAM 4:00-6:30p NO LANES UNTIL 5:30p		GATORS SWIM TEAM 4:00-6:30p NO LANES UNTIL 5:30p		GATORS SWIM TEAM 4:00-6:30p NO LANES UNTIL 5:30p		GATORS SWIM TEAM 4:00-6:30p NO LANES UNTIL 5:30p
LAP SWIM 5:30 1-2 Lanes	Swim Lessons 5:30-6:30 2 Lanes	LAP SWIM 5:30 1-2 Lanes	Swim Lessons 5:30-6:30 2 Lanes	LAP SWIM 5:30 1-2 Lanes	Swim Lessons 5:30-6:30 2 Lanes	LAP SWIM 5:30 1-2 Lanes	Swim Lessons 5:30-6:30 2 Lanes	LAP/OPEN SWIM 5:30-6:45p 4-7 Lanes
AQUA EXERCISE 6:30-7:30p 3 Lanes		AQUA EXERCISE 6:30-7:30p 3 Lanes		LAP/OPEN SWIM 6:00-8:45p 3-7 Lanes		AQUA EXERCISE 6:30-7:30p 3 Lanes		
LAP/OPEN SWIM 6:00-8:45p 3-7 Lanes		LAP/OPEN SWIM 6:00-8:45p 3-7 Lanes		LAP/OPEN SWIM 6:00-8:45p 3-7 Lanes		LAP/OPEN SWIM 6:00-8:45p 3-7 Lanes		

**OPEN and LAP SWIM ALL DAY on Saturday & Sunday
SATURDAY from 8:00 am – 3:45 pm & SUNDAY from 2:00pm – 5:45 pm**

ALL CHILDREN UNDER 13 YEARS OF AGE WILL BE SWIM TESTED BEFORE ENTERING THE POOL. PLEASE SEE THE LIFEGUARD ON DUTY TO OBTAIN YOUR SWIM BAND!